

Winter Issue •
Nov-Mar 2026

Mariampur Sr. Sec. School
Shastri Nagar, Kanpur

Excellentia

A student-made look at school life.

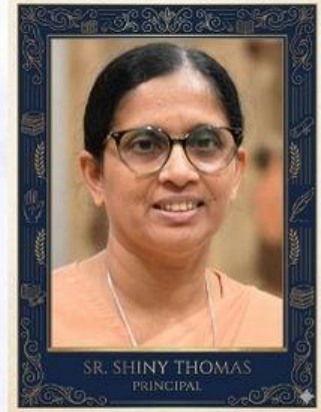


THE
STUDENT LEDGER

From Principal's Desk

Crisis or Choice: A Defining Moment in Student Life

Recently, I read in a newspaper regarding the stress and increasing psychological problems in students. In today's fast-moving world, students are frequently influenced by trends, peer pressure, societal expectations, and the perceived "popularity" of certain fields. Careers in science, technology, or commerce may appear glamorous or secure, leading students to follow the crowd rather than reflect on their own interests, strengths, and aspirations. When choices are made based on external "craze" instead of self-understanding, they often lead to confusion and stress later in both academic and personal life.



Student life is often seen as a time of exploration, growth, and decision-making. Yet, one of the most crucial turning points in this journey comes when students must choose their subjects or career paths. For many, this moment becomes less of a thoughtful choice and more of a silent crisis.

A lack of self-awareness is at the heart of this issue. Students who do not take time to understand their abilities, passions, and limitations may find themselves struggling to cope with the demands of subjects they never truly connected with. What begins as enthusiasm soon turns into pressure, anxiety, and even a sense of failure. This not only affects their academic performance but also their confidence and emotional well-being.

On the other hand, when students make informed and thoughtful choices with self-awareness, the same moment becomes an opportunity rather than a crisis. Choosing a path aligned with one's interests brings motivation, satisfaction, and resilience and they are prepared to face the consequences. Even challenges are befriended with a sense of purpose, reducing stress and fostering a healthier learning experience.

Therefore, it is essential for students to pause, reflect, and seek guidance from their mentors before making important decisions. Parents, teachers, and elders play a key role in helping them discover their true potential rather than imposing expectations. They also need to be encouraged to participate in career awareness and self-discovery programs in order to make wise choices.

In conclusion, the difference between crisis and choice lies in awareness. When students understand themselves, their decisions become empowering. But when they follow the crowd blindly, the same decisions can lead to unnecessary stress, depression and regret. Student life should not be driven by trends, but by thoughtful choices that shape a meaningful and fulfilling future. The self-awareness only will lead you to success and would give you hundred fold.

Good Luck ..dare to be YOU.

From Classroom to Civil Services



Mariampur School
Congradulates Purvi
Malik on her
remarkable achievement of
becoming a Civil Judge
in Gujarat High
Court

Congratulations

**PROUD MOMENT FOR
MARIAMPUR FAMILY**

Ms. Srishti Gupta

BATCH : 2014

has Secured **1st Rank**

in **UPPCS Examination 2024** & got
appointed as a **Sub- Registrar.**



*Success is the sum of small efforts, repeated
day in and day out.*

Teaching IS A WORK OF THE heart

Dear Readers.

Welcome to the second issue of our school newsletter Excellentia (October 25 March) Where we share the stories, accomplishments and experiences that make our school a place of learning and inspiration. It also marks another meaningful step in strengthening the culture of communication and creativity within the school community.

Over the past few months, our school has continued to demonstrate that learning extends far beyond classroom. Our students have participated enthusiastically in academic competitions, cultural programmes, sports activities and Community initiatives as well.

Each event has contributed to shaping confident, responsible and all rounded individuals. It is heartening to witness the dedication of our students and the guidance of the teachers who works tirelessly to nurture curiosity and excellence.

This issue brings a variety of voices and perspectives from across the school. You will find inspiring student contributions, updates on recent activities, creative pieces etc.

As we smoothly culminate this academic session and surge ahead with renewed hope, enthusiasm and energy; may this platform continue to encourage creativity, dialogue, sharing of ideas and motivating students to explore their abilities further

Ms. Caroline Dsouza
Chief Editor
PGT English



Dear Readers

"Excellence is not a single achievement. It is a habit formed through efforts, honesty and perseverance ."

In the grand tapestry of education, values are the threads that give strength and excellence is the pattern that gives beauty. Proud to say that Mariampur Sr. Sec. School stands as a living example of this harmony .

Each morning as the gates open, we not just only welcome students but with them invite hope, curiosity and the promise of meaningful accomplishments . Excellence for us, is not measured only by awards or ranks, it shines in perseverance after failure, in honesty when no one is watching and in the willingness to uplift others while moving forward.

The world our students are growing up in is transforming faster than ever before . Technology is reshaping how we learn, communicate and think while global challenges demand, creativity, resilience, and compassion from the younger generation.

Today students are explorer of a dynamic future. They navigate digital classrooms, collaborate across cultures and face challenges with emotional strength, ethical thinking and social awareness.

This newsletter captures moments of dedication, creativity, and growth that reminds us how values shape success .As we celebrate the milestones recorded in this pages, let us feel the heartbeat of our institution - steady, hopeful, and forward looking .

May this newsletter inspires pride in what we have achieved and faith in the bright horizon yet to unfold.

Happy reading

Taruna Yadav
PGT (English)



Message from the Coordinator & School Counselor

Education is not merely the accumulation of information; it is the gentle awakening of thought, character, and self-awareness. Every child who walks through the doors of a school carries within them questions, dreams, fears, and immense possibilities. Our role as educators and counselors is to guide these young minds—not to dictate their paths, but to help them discover their own.

A school is a living space where learning happens through experiences, relationships, challenges, and reflection. This magazine captures that journey. It gives voice to students' ideas, emotions, creativity, and aspirations, reminding us that learning flourishes when students are heard, understood, and encouraged. Each contribution reflects courage—the courage to think, to feel, to express, and to grow.

We urge our students to embrace curiosity over fear, resilience over doubt, and compassion over comparison. May they learn to value progress over perfection, purpose over pressure, and inner strength over external validation. As they move forward, may they carry with them not only knowledge, but also empathy, confidence, and a deep sense of responsibility toward themselves and the world around them. Together, let us continue to nurture thoughtful minds and kind hearts, shaping individuals who are prepared not just for success, but for life.

~ Shifali Bhatia



पर्यावरण संरक्षण : प्लास्टिक को कहें "ना"

पर्यावरण मानव जीवन की आधारशिला है। स्वच्छ व सुरक्षित पर्यावरण के बिना स्वस्थ समाज की कल्पना नहीं की जा सकती। आज पर्यावरण के समक्ष सबसे गंभीर चुनौती प्लास्टिक प्रदूषण के रूप में हमारे सामने खड़ी है। प्लास्टिक सुविधाजनक अवश्य है, परंतु यह प्रकृति के लिए अत्यंत विनाशकारी सिद्ध हो रहा है।

प्लास्टिक न तो शीघ्र नष्ट होता है और न ही मिट्टी में घुलता है। यह वर्षों तक भूमि, जल और वायु को प्रदूषित करता रहता है। प्लास्टिक की थैलियाँ नालियों को अवरुद्ध कर देती हैं, जिससे जलभराव व संक्रामक रोग फैलते हैं। नदियों व समुद्रों में पहुँचने वाला प्लास्टिक जलजीवों के जीवन के लिए घातक बन जाता है। पशु इसे भोजन समझकर निगल लेते हैं, जिससे उनकी अकाल मृत्यु हो जाती है।

पर्यावरण संरक्षण की दिशा में विद्यालयों की भूमिका अत्यंत महत्वपूर्ण है। इसी उद्देश्य से हमारे विद्यालय में E.O. Club के माध्यम से विद्यार्थियों में पर्यावरण के प्रति जागरूकता उत्पन्न करने का निरंतर प्रयास किया जाता है। इस क्रम में विद्यालय में "एक पेड़ माँ के नाम" अभियान के अंतर्गत पौधारोपण कार्यक्रम आयोजित किया गया, जिससे विद्यार्थियों में प्रकृति के प्रति भावनात्मक जुड़ाव विकसित हुआ।

इसके अतिरिक्त "Say No to Plastic" विषय पर वाद-विवाद प्रतियोगिता का आयोजन किया गया, जिसमें विद्यार्थियों ने पूरे आत्मविश्वास के साथ प्लास्टिक के दुष्प्रभावों और उसके विकल्पों पर अपने विचार प्रस्तुत किए। इस गतिविधि से विद्यार्थियों में तार्किक सोच, अभिव्यक्ति कौशल तथा पर्यावरण के प्रति जिम्मेदारी की भावना विकसित हुई।

आज आवश्यकता है कि हम प्लास्टिक के स्थान पर पर्यावरण-अनुकूल विकल्पों—जैसे कपड़े या जूट के थैले, कागज़, स्टील व काँच के बर्तनों—का उपयोग करें। "रीड्यूस, रीयूज़ और रीसायकल" को जीवन का मंत्र बनाना होगा।

यदि हम आज प्लास्टिक को "ना" कहेंगे, तभी आने वाली पीढ़ियों को एक स्वच्छ, सुरक्षित और हरित पृथ्वी सौंप सकेंगे।

आइए, संकल्प ले

"प्लास्टिक छोड़ें, पर्यावरण बचाएँ।"

Sangeeta Madan



G2 : Gospel of Gratitude

“Gratitude is the fairest blossom which springs from the soul.”

- Henry Ward Beecher.

Every thing is Grace. Every thing is a gift from moment to moment or life is precious and beautiful gift.

Gratitude flows in the absence of Ego. At its best, the ego just takes every thing for granted. Ego is also forgetful. Nothing sidelines the ego more effectively than a humble grateful heart. A truly grateful heart rejoices over the good of others. No room for jealousy. Be grateful for the positive signs of the times. Also for the beautiful nature.

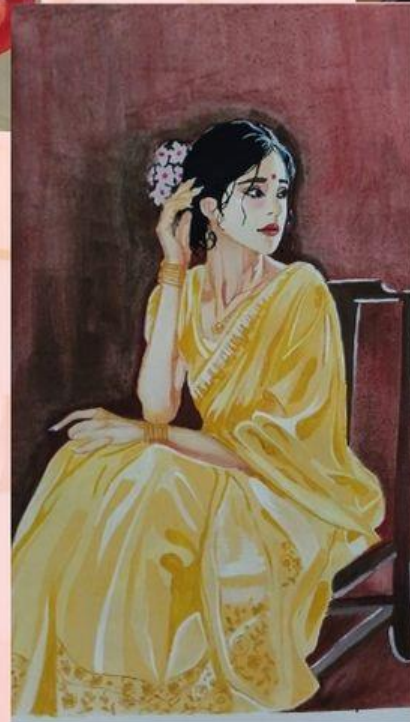
Humility and gratitude have to be cultivated . They lead to personal transformation . It changes our attitude to life. It makes us more appreciative of life of people and of God. Instead of being full of complaints, pessimistic and impossible to please—we become joyful , contented and grateful for what we are and what we have . Instead of being cynical and seeing only the negative in people and events, we learn to appreciate the goodness and beauty other people. “Thank You” is the beautiful phrase ; let us use it often and let it come from our heart.



*“Art enables us to find ourselves and lose ourselves at the same time”
– Thomas Merton*

Painting an optional subject in Class 12 that helps students explore creativity, imagination, and self-expression. It is not just about drawing or using colors, but about understanding emotions, ideas, and perspectives through art. Students learn different techniques, styles, and mediums such as watercolor, oil painting, and sketching. This subject also introduces the history of art, famous artists, and various art movements, which helps in developing an appreciation for cultural heritage. Painting improves observation skills, concentration, and patience. It allows students to express their thoughts visually and builds confidence in their artistic abilities. Overall, painting as a subject plays a vital role in developing creativity and aesthetic sense, making it both enjoyable and meaningful for students.

Ms. Shaheen Khan



PANCHAAKRITI

Annual Fit Fest 2025

"Five dimensions one purpose-to inspire, innovate and illuminate"

Honours and Accolades -loyalty and commitment

On the occasion of Annual Fit Fest-2025, Mariampur proudly recognised the dedicated service of its teachers who completed 31 years and 25 years of service and the supporting staff Members - Ms. Mary Lal and Mr. Triloki Savita who completed 36 years of service to the institution. The felicitation was done by Hon 'ble Chief Guest Former MP -Shri Satyadev Pachuari.

High Achievers /Star Performers

Meritorious students for awarded for their outstanding performance in academics - subject wise, sports inspiring all the other students to strive for the best.



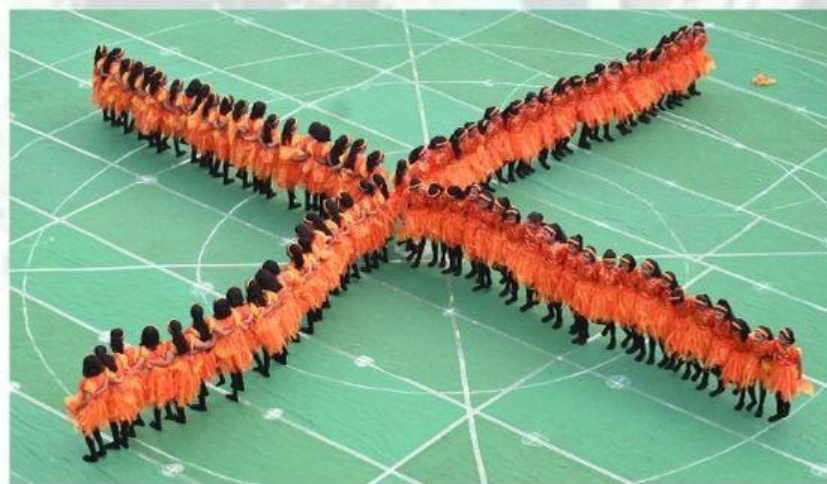
PANCHAAKRITI



PANCHAKRITI



PANCHAKRITI



Honours and Accolades - Loyalty and Commitment

On the occasion of Annual Fit Fest-2025, Mariampur proudly recognised the dedicated service of its staff- teachers who completed 31 years and 25 years of service were honoured along with the supporting staff who completed 36 years of service to the institution the felicitation was done by Hon'ble Chief Guest Former MP -Shri Satyadev Pachuari. High Achievers /Star Performers Meritorious students for awarded for the outstanding performance in academics subject wise,sports inspiring all the other students to strike for the best.





शिक्षा मंत्रालय
MINISTRY OF
EDUCATION



ATAL INNOVATION MISSION

Viksit  Bharat

Buildathon 2025

आत्मनिर्भर भारत का आह्वान, विकसित भारत का निर्माण

Competitions and Skill Building Initiatives

"Compete not to outshine others, but to outgrow your own limits"

Human Chain on Gita Jayanti

"Act with righteousness, think with clarity and live with courage"

To commemorate Gita Jayanti, the students and staff formed a human chain on 1st Dec, 2025 symbolizing unity, peace and the timeless values of the Bhagwad Gita. The activity reinforced the message of righteousness, harmony and collective responsibility.

Viksit Bharat Buildathon 2025

The students of classes 9 to 12 participated in the online Viksit Bharat Buildathon Competition which began from 13th October, 2025. It was an initiative that encourage innovation, problem solving and nation building align with the vision of a developed and self reliant India. The students received participation certificates

Indian scholarship Examination 2025

The students of classes 3rd to 12th participated in the Indian scholarship examination held on 3rd Dec, 2025. The competition aimed to grant scholarship/sponsorship to the deserving and talented students for their education. It was organized by National Education Development Organization to meet the socio-educational needs of the children.





Endings are just new beginnings in disguise. Here's to chasing dreams beyond these walls.

Valediction Cheerio 2026 Class XII

The school organized a memorable farewell for the outgoing class 12 (Batch 2025-26) on 30th January, 2026. The event began with a prayer service invoking blessing for their future endeavors. The teachers organized fun games and activities filling the day with laughter and camaraderie. The highlight of the farewell was the presentation of class photo frames to all students by the principal along with inspiring words of encouragement. The event concluded with heartfelt gratitude to the teachers by the students. It was a day of memories and celebration marking the end of one chapter and the beginning of another.





गणतंत्र दिवस

"The constitution gives us right; our actions must uphold its value"

The 77th Republic Day was celebrated with great enthusiasm and patriotic spirit filling the atmosphere with pride and respect.



Champions in Action



Taekwondo Belt Promotion test held on 29.11.2025 at Bishop Westcott School Kanpur, 9 players of our school were promoted from white to yellow belt.

Nishtha Gupa - 5B

Vani Daryani - 5B

Prashansa Yadav - 7 A

Radha Dubey - 7 B

Adrika Chaturvedi - 7 B

Manya Dal - 7 B

Bhavya Dubey - 7 C

Aradhya Mishra - 7 C

Anshika Malhotra - 8 B

In Mini Golf Competition organised by Kanpur Olympic Association 25-26, Anaya Tejpal bagged 2nd Runner-up.

Kanpur Chess Association organised Rapid Chess Tournament at Billabong School on 30th August 2025.

Swastika Kumari bagged 2nd Runner-up on 30.08.2025 (Under 17 Category) and 1st Runner-up on 22.11.2025.



PEN YOUR IMAGINATION- LITERARY SPARKS

"When minds are free, learning flows naturally."

The school actively promoted intellectual growth and creativity through a verity of well planned literary activities conducted during the academic year 2025-26.

Events such as debates, elocution, extempore, recitation, singing, dance creative writing competitions provided students with meaningful platforms to refine their language skills, articulate ideas and build confidence.



Bagless Day Activities

"Hands-on learning turns knowledge into experience."

In addition bagless day activities offered enriching experiential learning experiences through art, craft, sports, quizzes and interactive tasks. These initiatives promoted joyful learning beyond the confines of textbooks and classrooms.





Hard work has no Substitute; Talent may get you started but diligence keeps you going

Ceremonial Bestowal of Awards

26th of January 2026 was chosen to recognize and honour excellence, discipline and allround achievement of students. Trophies were awarded to the Best House for Cleanliness, Discipline, Literary activities, Bulletin Board display, Sports and for over all House performance. Outstanding students of X & XII were felicitated for their academic excellence. Certificates & Motivational books were presented to the student cabinet members in appreciation of their leadership and responsible service. The Sports Champions were also honored for their exceptional performance and sportmanship. The Ceremony source of encouragement and inspiration motivating students to strive for excellence.

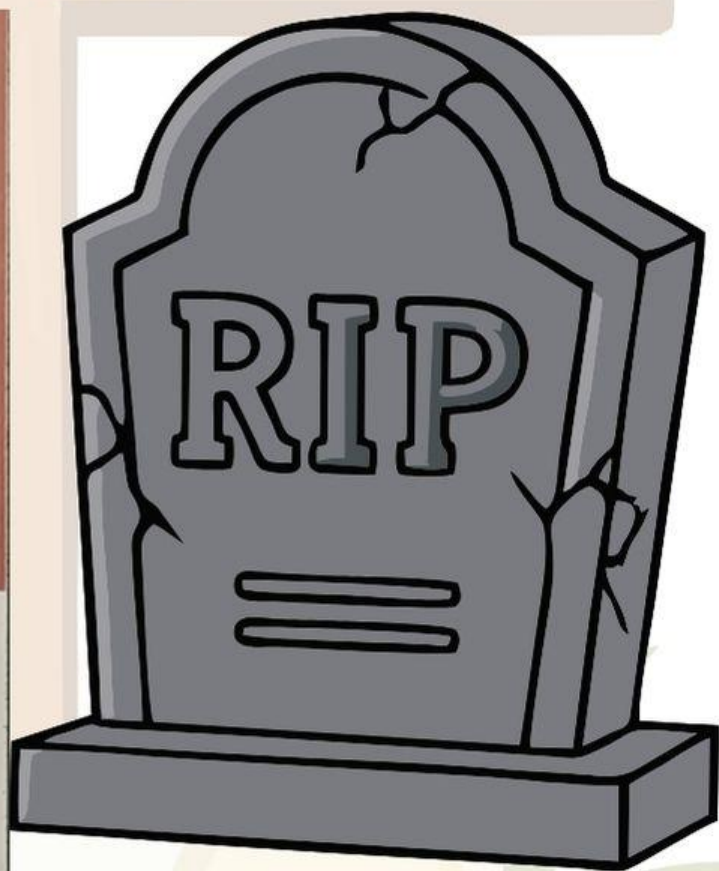


In memoriam

Rev. Sr. Felixina

Former Principal (1995-1998)

“Those educate with love leave a legacy that time can never heal.”



Rev. Sr. Felixina was principal of Mariampur Sr. Sec. School from 1995 to 1998. She was a person of gem who took students and teachers together to work in the field of education.

Your dedication, wisdom, and passion for education have left an indelible mark on our school community and the lives of countless students.

TRIP DAY

A delightful trip to Nainital was organized for the teaching and support staff where the team enjoyed the scenic beauty of Naini lake, Mall Road, Snow View Point along with boat rides. It gave a wonderful opportunity to relax, bond and share laughter outside the school environment. Everyone returned with happy memories and renewed energy for their daily work.



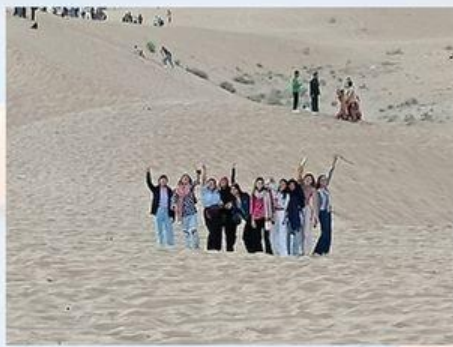
- Vacation
- HOLIDAY!**
- Best Travel
- Best Trip



LEARNING EXPEDITION

A 5 day learning expedition to Jaisalmer and Udaipur for classes 11th and 12th students accompanied by teachers and the Principal, the students explored the majestic forts ornate palaces, sparkling lakes and bustling local markets gaining hands on knowledge of Rajasthan history, architecture and culture. Fun activities like desert Safari, boat rides and cultural performances added excitement and unforgettable memories
Staff

Desert tales from Jaisalmer



शुभ दीपावली

The true light of Diwali is the light of knowledge and goodness



MERRY Christmas



"Peace on earth will come to stay, when we live Christmas every day"

Christmas was celebrated in school with joy, reverence, and a spirit of sharing reflecting the true message of the birth of Christ. The students presented carols, skit, dances that beautifully conveyed the message of hope and salvation. The significance of Christmas was highlighted through speeches, reminding students the importance of compassion, forgiveness and service to others. The arrival of Santa Claus added a glint to the celebration.



Special Assemblies

Constitution Day observed on 26th Nov -2025



Celebrating the Spirit of Democracy

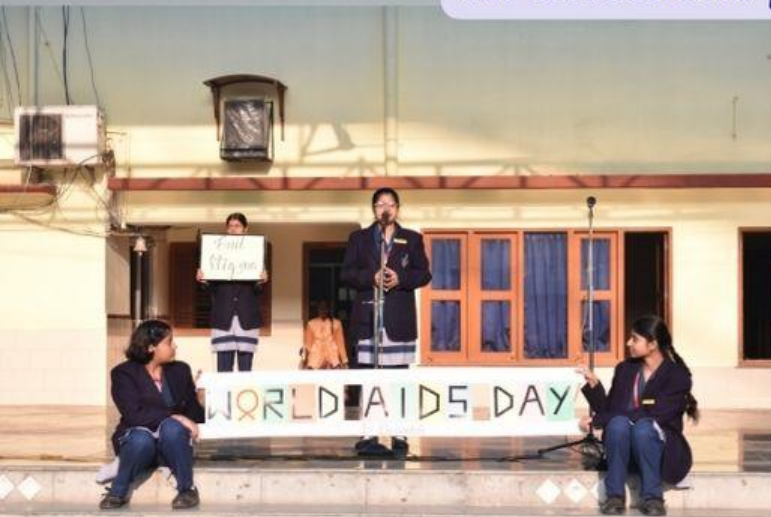
Our school observed Constitution Day with great pride and enthusiasm paying tribute to the guiding document that shapes the world's largest democracy. Celebrated every year on 26 November, the day marks the adoption of the Indian Constitution in 1949—a moment that defined the nation's democratic identity.

On this occasion the students of XI presented the assembly which began with an insightful introduction highlighting the tireless efforts of Dr. B.R. Ambedkar and the distinguished members of the Constituent Assembly. The students presented the Preamble echoing the ideas of Justice, Liberty, Equality and fraternity.

One of the most inspiring moments of the event was the collective recitation of the Constitutional pledge.

World AIDS Day 1st Dec -2025

World AIDS Day Observed annually on December 1 serves as a global reminder to unite against HIV, support those living with the conditions and share responsibility in the fight against HIV/AIDS. The students spoke about the causes and precautions of AIDS.



Orientation on Cyber Safety & Self Defence

"It takes 20 years to build a reputation and a few minutes of Cyber incident to ruin it"

Orientation sessions were held on cyber awareness for classes 9th to 12th by our Computer Department which covered many aspects of social media, its positive and adverse effects. Tips for maintaining digital safety and the risks associated with cyber threat.

As a part of schools commitment to students safety and awareness a special session on self defence and cyber safety was organised for class 12th by police department graced by IPS officer and DCP crime ,SM Qasim Abidi and IPS Anjali Vishwakarma who sensitized student to personal safety ,legal awareness practice & practical guidance on self defence measures and important aspects of cyber security help students become alert and confidence in protecting themselves in both real and virtual environment.



Career Counselling Fair

8th October - 2025

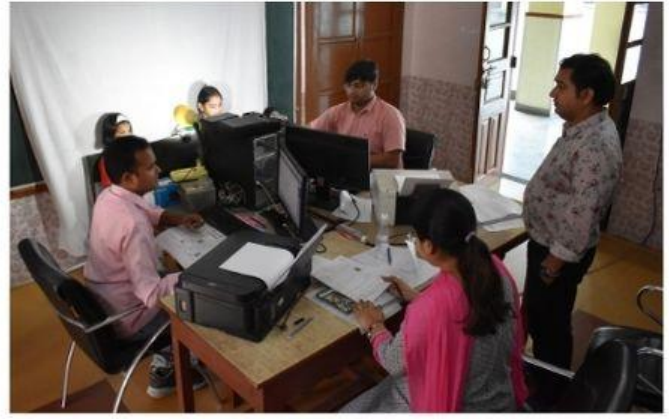
A Career Counseling Fair was arranged for the students of class 11th and 12th where the counselors from various online and offline platforms provided insights into various career paths and helped the students to make informed decisions.



Biometric Authentication Camp

4th October to 8th October- 2025

The camp was organised in the school to facilitate mandatory biometric updates (MBU) for school students aged 5 to 15 years to keep their Adhaar Record accurate and to ensure government benefits linked to Adhaar



Competitions and Skill Building Initiatives

“Compete not to outshine others, but to outgrow your own limits”

Human Chain on Gita Jayanti

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Mariampur Kindergarten

“In every little child lies a world of wonder; our role is to nurture it with love, patience, and joy.”

Watching tiny tots take their first steps into the world of knowledge has been nothing short of magical. Each smile, every curious question, and every little achievement reminds us why early learning is so special.

At this tender age, learning is not confined to books. It happens in every story we tell, every song we sing, and every colour we paint. Our aim is to nurture happy, confident, and compassionate children who are eager to explore, discover, and express themselves.

The joy of seeing our children grow from shy beginners into expressive young learners fills our hearts with immense pride. This beautiful transformation is made possible through the unwavering dedication of our teachers and the trust and support of our parents. Together, we build a strong foundation on which lifelong learning stands.

Let us continue to inspire, encourage, and celebrate every child, for; in their laughter lies our greatest joy, and in their dreams, our brightest future.



With warm regards,
Reena Ghai
Headmistress

Mariampur Kindergarten

Grandparents Day

“Grandparents make childhood extra special.”

School recognizes the presence of grandparents and give a day to them to honor their love, care and guidance. With great joy the kindergarten children welcomes the grandparents with songs and dances. Fun activities were organized creating happy moments and strengthening the bond between grandparents and grand children.



Christmas Celebration



*“The best way to find yourself is to lose yourself
in the service of others.”*

Mahatma Gandhi

Spreading Joy: Our Students Give Back

24th Jan, 2026

One of the most heart warming moments in this session was when our students along with the Principal Rev. Sr. Ranjana and teachers organized a charity drive at Mariampur Doublepulia school, Kanpur to bring smiles to the underprivileged children. With a spirit of generosity and compassion the students collected and presented gifts including stationary, eatables and small treats to the children, who are less fortunate. By reaching out to those in need, our students have demonstrated that true education is not only about academic Success but also about nurturing compassionate and responsible citizens.



Behind these polished pages lies the immense effort of an extraordinary team; thank you for capturing the spirit of our school year with such passion and precision.



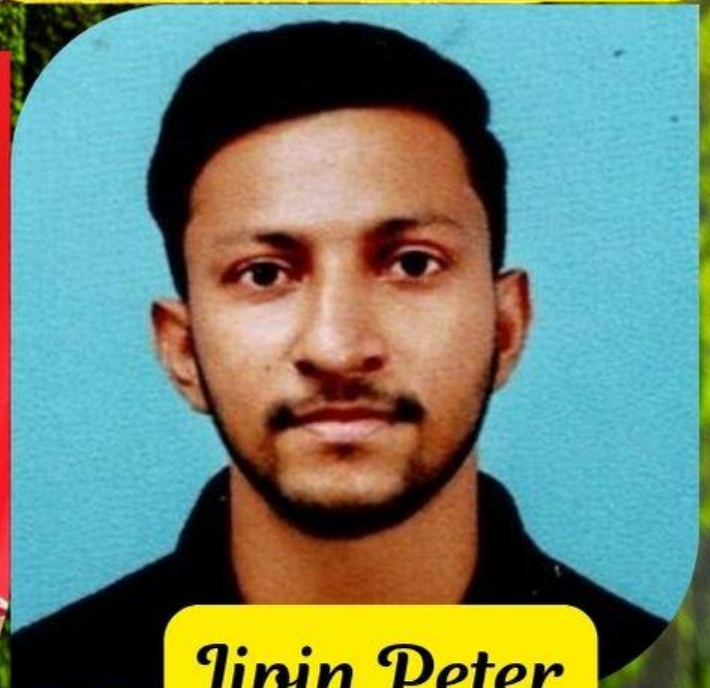
Ankur Yadav



Caroline Shalini D Souza



Taruna Yadav



Jipin Peter

**NEXT
EDITION OF
THIS
MAGAZINE
IS
LOADING...**

